



Bronze DofE Expedition Personal Gear / Equipment

Just a very simple list if you are starting to think about buying equipment / clothing for those starting off on Bronze Expedition.

Have looked at GoOutdoors as most groups in the Wolverhampton / Shropshire area can get hold of a Discount Card

(If you buy your own it will cost **£5.00 per year**- but you will get it back on saving – **Prices as Dec 2024**)
Very aware of the cost of this gear & mindful that “The Kids” are still growing.

So looked at what I think is reasonable.

You will be given a Kit List well before the first event in May, but I hope this will help a little before. If you need any help / advice or even for me to visit GoOutdoors with you, just ask.

Finally remember that GoOutdoors have offers on all the while, so check on the web site.

Clothing.

Boots. (Leather/Nubuck or Fabric) Personal choice. I use both. Big advantage with Fabric is you don't have to wear them in. However, Leather / Nubuck will last longer)

Leather boots by Hi Tec around £65.00

The Fabric boots by Peter Storm around £45.00 or Hi Tec Aysgarth £36.00

When trying on put 2 pairs of socks on so it may be a boot size bigger.



Socks. Not Nylon / football socks. - Wool is best from about £5.00 / pair

Waterproof Outer. (Jacket & Trousers)

Jackets by Peter Storm from £35.00 & Waterproof Trousers from £15.00

Remember – It's for their protection – Cheap isn't always a good buy.



Walking Trousers – Hi Gear & Regatta anything from £25.00 (plenty of pockets & also can get ones that legs zip off to make shorts – useful)

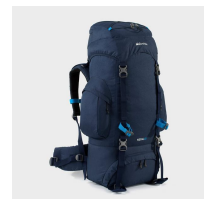
Microfleece Tops – Lots to choose from, anything from £15.00 for a Mid Layer.

Equipment.

Rucksack Eurohike Nepal 65 lts around £35.00

(If it's too big, they will pack more in (like a holiday suitcase)

Get assistants to set the straps up.



Sleeping Bag.

Many will already have one for static camping, but it needs to be able to compress down into the Rucksack. Look for the TOG rating (300+) / . I would go for 2/3 season.

Again lots to choose from £35.00 upwards. If you go for a lower season, for say the October assessment you can always put a liner in. Bulkiness is the big factor.

Sleeping Mat – Not really for comfort but to insulate the body from the tent groundsheet.

However, Look at Self Inflating Mats. Comfort & Insulation. From £9.00 - £20.00



Water Bottles – Plastic / Aluminium 1 Lt – anything from £4.50

Plate/Dish & Mug – Any Plastic type. (Not the best china)

K-F-S - Plastic or Aluminium. You can also get Sporks . Very trendy.



Head Light – Very useful with Hands Free. LED System – Eurohike from £3.50
(Don't forget spare batteries)

Compass: We do supply for training, but the sooner they have their own the better. Eurohike or OEX do a copy of the Silva Type that we teach too. £8.00 as opposed to £28.00. (Just as good)



Emergency Blanket: (Space foil) good to have for “just in case” – Eurohike £3.00

First Aid Kit: Just with a few basic bit & bobs in – any type from about £5.00 - £10.00
(Remember, we are not far away at any time & we have “Massive Kits”)



Whistle. – Any Plastic only.

Gas: The cookers that we use (**see next section**) will always be the universal screw in type.



These can be unscrewed from the cooker & will seal up – Very safe.

It's a Butane/Propane mix & one will last a weekend.

The Gas containers are normally by Coleman 300 size around £5 - £6 each.

Things that we can provide, dependant on availability of Pre-Booking. (See Loan Equipment Form)

Tents – we have 2 Man Tents for their use.

Cookers / Cooking Sets: Sets normally for 2.

Rucksacks – A limited supply.

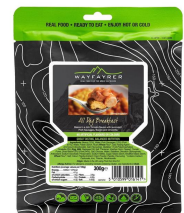
Food.

For the Training Weekends they can take “Tins”. However, when we go backpacking, they will need to go lightweight. Lots of Food Ready Meals around & at GoOutdoors.

Wayfayrer & Adventure Food not bad in taste & very quick.

However, not cheap at £5 - £6ea

We will have a Big Session on food with them on their Training Weekends.



Used / Second-hand Clothing & Personal Equipment.

As our Participants get older & grow, very often their clothing / equipment will be too small.

Have a word with other Parents / Carers who may be able to help out from children's gear in past years.

Hope this helps a bit – Any questions ASK.

Dave Briscoe.

